



## Track Attack award: Spirit

### Purpose:

The mind and body work together to achieve success. The Spirit award is given to a skier who exhibits a positive mindset, is supportive of others, shows perseverance, and is a team builder.

### Criteria for achieving the Spirit award:

To deserve the Spirit award, a skier must have demonstrated all the skills on the checklist below.

### Evaluator Checklist for Spirit award:

Skier's Name: \_\_\_\_\_

SKILLS	YES	NO
Skier is respectful to coaches, teammates, parents and volunteers.		
Skier is willing to try new things, is open to ideas and feedback.		
Skier perseveres through challenges and consistently shows good effort.		
Skier demonstrates good sportsmanship and a positive mindset most of the times.		