

PROGRAM AWARD: ALEX HARVEY COMPETITION AWARD

The goal of this award is to promote an introduction to fun competition in local/regional sanctioned events (4-6 races/season)

Comp/Award/Goal # 1: I have participated in at least 4 races during the season

Comp/Award Goal # 2: I have participated in at least 6 races during the season, of which a minimum of 2 skating and 2 classic races

Comp/Award Goal # 3: I have achieved goal #2 and achieved an average of 5:00 min./km (races of 1km or more) in at least 2 races

Comp/Award Goal # 4: I have achieved goal #2 and achieved an average of 4:30 min./km (races of 1km or more) in at least 2 races

Comp/Award Goal # 5: I have achieved goal #2 and achieved an average of 4:00 min./km (races of 1km or more) in at least 2 races



Alex Harvey

Alex has always been on a pair of cross-country skis as far as he can remember. At just three years of age, Alex's parents would take him out the trails in his hometown of Mont Sainte-Anne, Quebec where he'd ski for about 15 minutes before heading into the comfort of a baby glider for the remainder of the day. As time wore on, his passion and endurance in the sport grew. Alex spent his leisure time on the trails, and alpine skiing, until he was 12 years old when he took the first critical step towards pursuing his Olympic dream in cross-country skiing when he enrolled in a Jackrabbit ski lesson at the Mont Sainte-Anne Ski Club.

In his third year on the National Ski Team, Alex teamed up with Devon Kershaw to win Canada's first-ever men's medal at the World Championships when they captured the gold in the team sprint at the mecca of cross-country skiing in Oslo, Norway in 2011. Alex has reached the World Championship podium at all levels of the sport for Canada. Alex also became the first Canadian to win a gold medal at the Under-23 World Championship when he captured the pursuit title in Estonia weeks before making history with Kershaw. One of the most successful junior racers ever produced in the national program, Alex is the only Canadian to have won three medals at the World Junior Championships.