CCD Coach Development Flowchart

NCCP CCD (L2C) Certified

FORMAL EVALUATION:

- ✓ **Coach interview (oral evaluation)**
- ✓ **Written exam evaluation**
- ✓ **Pre-race plan, race plan, post-race debrief evaluated**
- ✓ **Sport management documents portfolio evaluated**
- ✓ **Making Ethical Decisions online evaluation**
- ✓ **Leading a drug free sport online evaluation**
- ✓ **Managing conflict online evaluation**

CCD experience form:

- ✓ Minimum of 12 weeks on snow and 24 weeks dryland coaching L2C athletes
- ✓ Organize and lead one dryland and one on snow provincial camp with L2C athletes
- ✓ Lead a team to Nationals, Easterns, Westerns or WJC trials
- ✓ Lead a roller ski practice for L2C athletes
- ✓ Lead a waxing team at a major event (NORAM or equivalent)
- ✓ HPCE training camp assignment with NDC or NST

Trained CCD (L2C) Coach

Learning to Compete
Males Age: 16-20
Females Age: 15-19

Competition Coaching-Development (On-Snow)
4 days

Topics and in workshop evaluation:

- ✓ Technique adaptation and race tactics
- ✓ Managing a sport program
- ✓ Ski selection and preparation
- ✓ Formal evaluation: Technical analysis and use of technological tools
- ✓ Formal evaluation: Training plans, EAP and athlete interview/test results
- ✓ Formal evaluation: Hard wax, glider and powder application

CCD (L2C) Coach in training

Learning to Compete
Males Age: 16-20
Females Age: 15-19

Competition Coaching-Development (Dryland)
5 days

Topics:

- ✓ Developing athletic abilities
- ✓ Analyzing technique
- ✓ Planning a practice
- ✓ Performance planning (designing YTP)
- ✓ Prevention and recovery

CCD (L2C) Coach in training

Learning to Compete
Males Age: 16-20
Females Age: 15-19

Competition Coaching-Development multi-sport modules
4 modules (delivered by provincial sport branch)

- ✓ Leading Drug Free Sport (3.5 hrs) + online evaluation
- ✓ Managing Conflict (4.5 hrs) + online evaluation
- ✓ Coaching and Leading Effectively (10 hrs)
- ✓ Psychology of Performance (7 hrs)

Prerequisite

NCCP CCI advanced (T2T) Certified