

# iPad Video Analysis Apps

by Lisa J. Patterson

Video analysis has always been a great tool to provide technique feedback to athletes. And feedback received sooner, rather than later, is more effective. Now with iPads and iPhones, video can be taken directly on the iPad and uploaded easily to a number of Video Analysis Apps for instant feedback. Newer iPhones, iPads and iPod Touch can record at 30 frames per second which is ideal for technique analysis. And now technology allows for video that is of High Definition (HD) quality.

The following is a list of Pro's and Con's with various iPad, iPhone and iPod Touch video analysis apps.

Name of App	Cost	Features	Con's	Best Features
Coachmy video	Free for limited time.	<ul style="list-style-type: none"> <li>- Review frame by frame</li> <li>- Take snapshot from video</li> <li>- Draw, mark-up or write notes on video or snapshot</li> <li>- Use lines, circles, rectangles and calculate angles.</li> <li>- Can pull videos from camera roll or take video using app.</li> <li>- Side by side comparison available</li> <li>- Can pull video from internet to use.</li> <li>- Able to email video directly from app.</li> </ul>	<ul style="list-style-type: none"> <li>- No true slow motion ability</li> <li>- No way to label video clips so difficult to find clip or athlete you need to review.</li> <li>- I find the angle calculating tool a little difficult to use.</li> <li>- The tutorial is basic.</li> </ul>	<ul style="list-style-type: none"> <li>- Can't get much cheaper than free.</li> <li>- Able to take a snapshot from video.</li> <li>- More details of app can be found at: <a href="http://www.coachmyvideo.mobi/#!home/mainPage">http://www.coachmyvideo.mobi/#!home/mainPage</a></li> </ul>
Ubersense	\$4.99	<ul style="list-style-type: none"> <li>- Able to pull video from camera roll to use or take immediately with iPad or iPhone.</li> <li>- Can voice record comments.</li> <li>- Easy to send by email or to other social media.</li> <li>- Comparison of two videos side by side.</li> <li>- Draw, mark-up or write notes on video.</li> <li>- Easy to use angle calculator feature.</li> <li>- Has a regular scrubbing</li> </ul>		<ul style="list-style-type: none"> <li>- Timeline feature, and organization of video clips by technique and athlete is this apps best feature.</li> <li>- Voice over recording tool is a nice feature if working with athletes who live a distance away from regular coaching.</li> <li>- Detail of features can be found at: <a href="http://www.ubersense.com/">http://www.ubersense.com/</a></li> </ul>

		<p>bar and also a fine scrubbing to be able to go frame by frame.</p> <ul style="list-style-type: none"> <li>- Multiple slow motion speeds</li> <li>- Organizes an athlete's videos using a timeline feature.</li> <li>- Easy to label video with type of technique and athlete and sort for future viewing</li> </ul>		
Coach's Eye	\$4.99	<ul style="list-style-type: none"> <li>- Able to pull video from camera roll to use or take immediately with iPad or iPhone.</li> <li>- Review in slow motion or frame by frame</li> <li>- Can voice record comments.</li> <li>- Easy to send by email or to other social media.</li> <li>- Draw, mark-up or write notes on video. Use lines, circles, rectangles.</li> </ul>	<ul style="list-style-type: none"> <li>- No angle calculating tool.</li> <li>- No side by side comparison.</li> </ul>	<ul style="list-style-type: none"> <li>- Slow motion, or frame by frame scrubber very easy to use.</li> <li>- Has a feature called "Explore" in which you can find, watch and import publicly shared videos created by other athletes and coaches using their app.</li> <li>- Voice over recording tool.</li> <li>- Great tutorials of each feature.</li> <li>- For more info go to: <a href="http://www.coachseye.com/">http://www.coachseye.com/</a></li> </ul>
Dartfish Express	\$4.99	<ul style="list-style-type: none"> <li>- Review in slow motion or frame by frame</li> <li>- Easy to upload to dartfish.tv</li> <li>- Draw, mark-up or write notes on video. Use lines, circles, rectangles.</li> <li>- Stores multiple freeze-frame with drawings.</li> </ul>	<ul style="list-style-type: none"> <li>- No angle calculating tool.</li> <li>- No side by side comparison.</li> <li>- Slow motion is hidden in a menu and only has one speed.</li> <li>- Must publish to dartfish.tv before you can share the files.</li> </ul>	<ul style="list-style-type: none"> <li>- Simple to use record and playback function</li> <li>- Good basic drawing functions</li> <li>- For more info go to: <a href="http://www.dartfish.com">http://www.dartfish.com</a></li> </ul>

Although I haven't used all of these apps extensively, I prefer "Ubersense" because of the ability to file videos by athlete and technique and it has all the essential tools needed for video analysis of cross country skiers. The voice over recording feature is nice if you are working with distant athletes. They can send a video clip and then send back to them with technique feedback suggestions.

All of the video analysis apps have a tutorial and or sample video clips to help walk through the app's features. Even a technologically challenged coach can figure all of the apps out quite easily. Good luck.